

New Arrival Checklist

Finances

- Set up direct deposit for your stipend
Direct deposit is the easiest way to receive your stipend payments.
- Start planning for your tax situation
Taxes are not automatically deducted from your stipend. Budgeting is a difficult but important task. In some cases, international students must pay taxes as well. For more tax information see: [GSAS](#), [OISS \(for international students\)](#), and a great outside resource [Personal Finance for PhDs](#)

Health

- Register for dental and/or eye coverage
Navigating the Yale Health Plan can be complicated; dental and eye coverage are not included as part of the Yale Health Plan. **The registration window is open until September 15!**
- Register for MyChart
MyChart is an online resource to help you stay connected to Yale Health. You can get in touch with your clinician, schedule appointments, and see test results. To register, visit [Yale-New Haven MyChart](#). You can also download the MyChart app for mobile access.
- Get your Yale Health Plan card
Make sure to get your Yale Health Plan insurance card as soon as you can. It is required for care within Yale and outside of Yale Health. Your card won't be sent to you automatically; visit [Yale Health Member Services](#) to obtain your card.
- Enroll your spouse/family in the health plan
Students may enroll their spouse or civil union partner and legally dependent children in one of two dependent plans: the Two-Person Plan or the Student Family Plan. To find out more visit the [Ph.D. Student Family Support Policy page](#).

Transportation

- Register your car in Connecticut
If you brought car with you, you should know that Connecticut requires you to register within 60 days and transfer your license within 30 days. To obtain a resident parking permit that allows you to park overnight on the street in certain zones, you will also need to pay a car tax to the City of New Haven. For more information on residential parking, see the [City of New Haven Parking](#) webpage.
- Familiarize yourself with the Yale Shuttle
The [Yale Shuttle](#) services are a free method of transport available to all Yale students and affiliates.